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'For Learning That Lasts A Lifetime'

31st March 2022

Dear Parent/Carers,

This term we are continuing our PSHE scheme Jigsaw. Jigsaw is made up of 6 jigsaw puzzle pieces each one taught in a new term, introducing a new theme.

Jigsaw has been designed as a whole-school approach. It provides a detailed and comprehensive scheme of learning for Personal, Social, Health and Emotional including Health and Well-being. It also includes Relationships, Sex and Health Education, fulfilling DfE statutory requirements.

Our aim is follow this scheme to help prepare our children at St. Margaret's for life, helping them really know and value who they are and understand how they relate to other people in this ever-changing world.

Term 5's jigsaw puzzle piece is 'Relationships'. We want to make you aware of some of the information and details that they will be exploring.

Year 6 – Understand the importance of mental health and how to take care of their own mental health, understand that there are different stages of grief and that there are different types of loss to cause people to grieve and look at how to be safe online.

Year 5 – Understand that belonging to an online community can have positive and negative consequences, recognise when they are spending too much time using devices (screen time) and know how to stay safe when using technology to communicate with friends.

Year 4 – Discuss the loss and grief cycle of losing someone they love, talking about the memories of someone they no longer see anymore and understanding what having a boyfriend/ girlfriend might mean and that it is a special relationship for when they are older.

Year 3 – Identify roles and responsibilities of members of the family, both male and female, online safety, look at how some of the actions and work of people around the world help and influence their life and understands how their needs and rights are shared by children around the world and to identify how our lives may be different

Year 2 – Identifying different family members of their family and understanding different form of physical contact with family members that they might like/dislike, such as hugging, kissing, tickling and understanding which is acceptable.



Year 1 – Who is in their family and appropriate ways of physical contact such as hugging and shaking hands with other people including; family, friends and teachers.

In Term 6, the Jigsaw puzzle piece is 'Changing Me'. Over the next few weeks, you will receive a separate letter explaining what your child will be learning in this topic including key vocabulary.

Yours sincerely

G. Geere

Mrs G Geere
PSHE Lead

