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'For Learning That Lasts A Lifetime'

5th May 2023

Dear Parents of Class 6,

Today the children joined some other classes online for a live webinar from Kooth - a mental health charity who work towards supporting year 6 children through the transition to secondary school. The children were asked to provide some emotions they were feeling towards their transition and were then provided with strategies for support, such as speaking to a grown up about their anxieties, spending their time doing something they enjoy, or joining clubs at secondary school to find friends with similar hobbies.

Kooth also has a website, which provides additional information and support for children in year six right through to the end of secondary school. The children were shown a quick video about how they could sign up for Kooth on their own devices. Children can visit kooth.com and sign up, should they wish to, to be able to browse forums, articles and chat with other children who are transitioning to secondary school or who have already made that transition. Children were of course reminded not to give away personal information such as their real name in their username while online.

If you have any further questions, please let me know.

Yours sincerely,

L. Brett

Miss L Brett

Class 6 Teacher

