

EXECUTIVE HEADTEACHER:

**Ms Helen Comfort**

(B.A.Ed.Hons, NPQH)

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St. Margaret's-at-Cliffe Primary School on Facebook

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*'For Learning That Lasts A Lifetime'*

10<sup>th</sup> September 2018

Dear Parents/Carers of Reception Class

From Monday, 17<sup>th</sup> September your child will be staying for lunch at school.

As you know, your child is entitled to a free cooked school lunch which we highly recommend.

The vast majority of the children in classes 1 and 2, who are all also entitled to universal free school lunches, eat and enjoy a hot cooked lunch. We have staff on hand to support and assist the Reception Class children as they eat their lunch and learn to use a knife and fork. No child is ever forced to eat anything they don't like. The menus are published on our website and also on 'Whole School Meals' website for your reference and you can share this information with your child.

If you would prefer your child to bring a packed lunch to school then please ensure that it is enclosed in a suitable, named container. For ideas about packing a healthy lunch for your child please see [www.nhs.uk/change4life/pages/healthy-lunchbox-picnic.aspx](http://www.nhs.uk/change4life/pages/healthy-lunchbox-picnic.aspx). As we have children in school who suffer from severe allergies we would ask that you **do not include nuts or nut products in snacks or packed lunches e.g. peanut butter sandwiches**. A drink should be included with the packed lunch, but no glass bottles or cans please. Sweets are not permitted either.

For the first week we will be with the children in the lunch hall helping the dinner supervisors and Year Six buddies to support them whilst they learn their new lunchtime routine.

The children should be collected from the Reception class promptly at 1.15pm during the week beginning 17<sup>th</sup> September. This will enable us to bring the children in from play and get them ready to go home. Should your child be going across to the nursery, please let us know at the start of the day.



### **Have you met The Lunchkins?**

The Lunchkins characters have been designed to make eating and learning about food fun and educational. Lunchkins cards will be issued on a random day once a week to those children eating school dinners. Each card contains nutritional information about the fruit and veg characters. Your child will be given a recipe collector book, to collect their Lunchkins cards in, which will contain lots of games and recipe ideas along with some facts about the foods they eat. The more school dinners your child eats the better chance they'll have of collecting the full set of Lunchkins!

If you have any queries regarding lunchtime arrangements, then please do not hesitate to contact us.

Yours sincerely

*C.S. Hoile*

**Mrs C Hoile**

