

Rainbow Kebabs

Here are some fruit kebabs to make your **tastebuds** tingle.

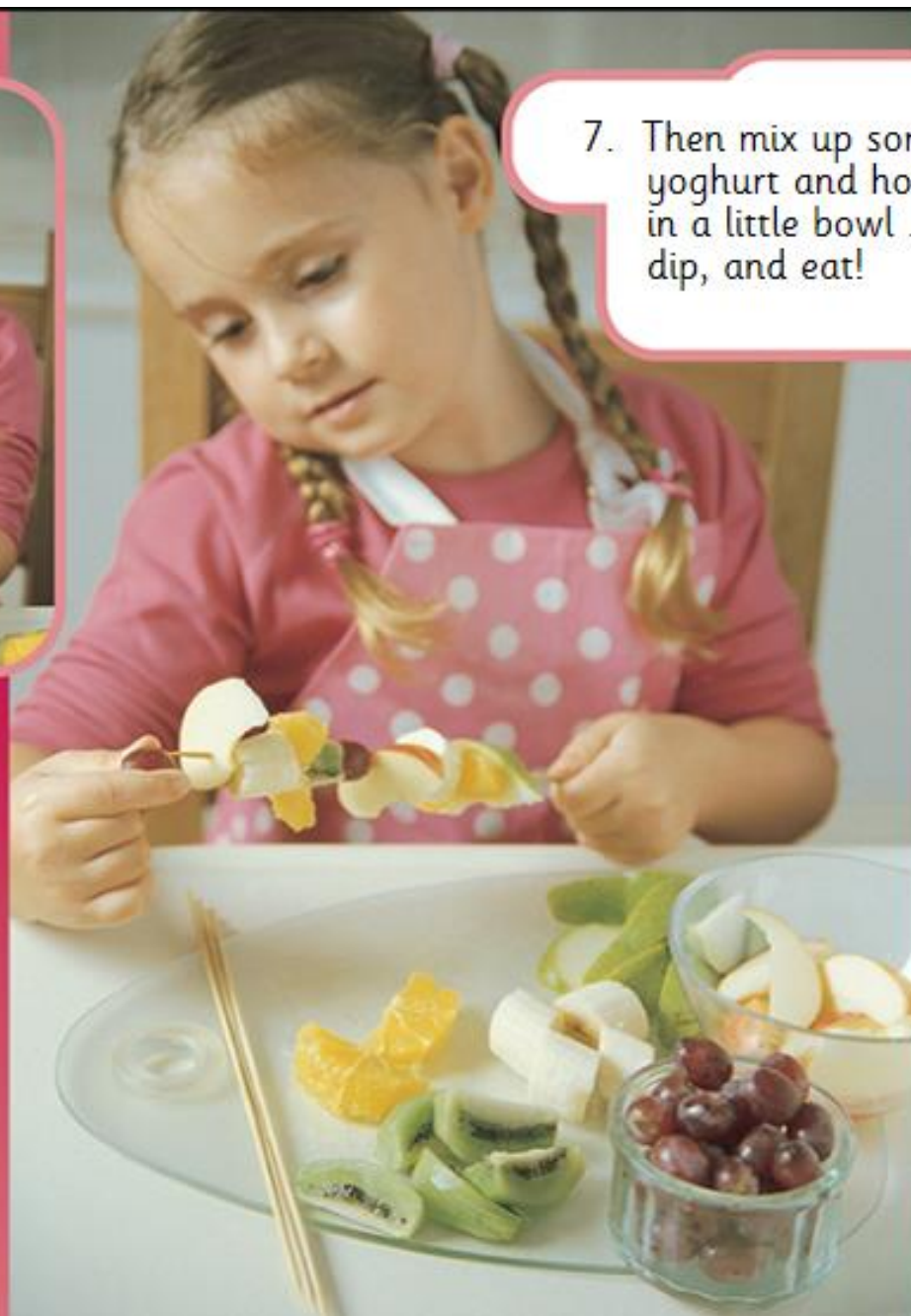
What you need:

- * Wooden **skewers**
- * any type of washed fruit, such as:
 - apples
 - bananas
 - oranges
 - grapes
 - raspberries
 - kiwis
 - strawberries
 - grapefruit
- * For a sauce
 - yoghurt
 - honey



What to do:

1. **Choose** your fruit.
2. Peel or remove the skin if you need to.
3. Cut the large fruit into bite-sized chunks.
4. If you have chosen oranges or grapefruit, separate the **segments**.
5. Small fruit like strawberries, raspberries and grapes don't need to be cut.
6. Push the fruit chunks carefully onto the wooden skewers, in any order you like.



7. Then mix up some yoghurt and honey in a little bowl ... dip, and eat!