

Learning Project for Class 4 Week Commencing 20th July 2020

MEMORIES



Starting a new academic year is a time for you to say farewell to current teachers and classmates and hello to many new faces. It is important for you to cherish your favourite memories. Can you **create a drawing or art piece of your special memory** and frame it in a hand-made photo frame. You may choose to draw a favourite lesson, a funny moment with friends, a school trip, your favourite teacher or a job role you were proud of. You may choose to decorate the photo frame provided or to craft your own using card. [Click here for photo frame ideas.](#)

ACHIEVEMENTS



Over the course of the last year, you will have achieved so much. **Now** mind map all of your achievements this year, both in school and outside of school. Look at the mind map with your parent - can you identify your greatest achievement? Can you write about this special achievement? How did you accomplish this? What barriers did you face? Who helped you? You could record this as a story featuring yourself as the main character, a newspaper report or even write a rap!

INDIVIDUAL QUALITIES



Art can be a great tool for self-exploration and self-expression. Can you create a piece of artwork which represents your **personality** and highlights your individual qualities This could be a picture or something more abstract using materials available to you? You may find listening to your favourite music encourages your own expression. Once completed, can you discuss your artwork with someone else. What did you want to represent in this piece? How did you try to show off your personality through your artwork?

GOAL SETTING



Setting goals is an excellent way for you to try and achieve things that you might not think is possible. Goal setting will also help you to improve your **confidence** and **self-esteem** when you see that you can achieve the target you've set. Create a '**Wheel of Fortune**' (see below). Use the headings: Learning, Friendships, Physical Challenge, Wellbeing and Family. Under each heading, can you write a goal thinking carefully about how long it will take to achieve each goal, who or what can help you and any difficulties you may have to overcome?



Additional Learning Resources Parents May Wish to Engage with:



- this is a simple mindfulness colouring task - use a piece of kitchen towel and decorate it following the patterns on the sheet. Upload your design onto Dojo!
- Tips and resources to support transition from Mentally Healthy Schools can be found [here](#).
- Childline wants to help bring out the best in your child through some [easy-to-do activities](#).
- The [BBC Bitesize website](#) has lots of helpful videos to support transition for both parents/carers and children.
- [Parentkind](#) provides handy hints to help prepare your child for their new class.

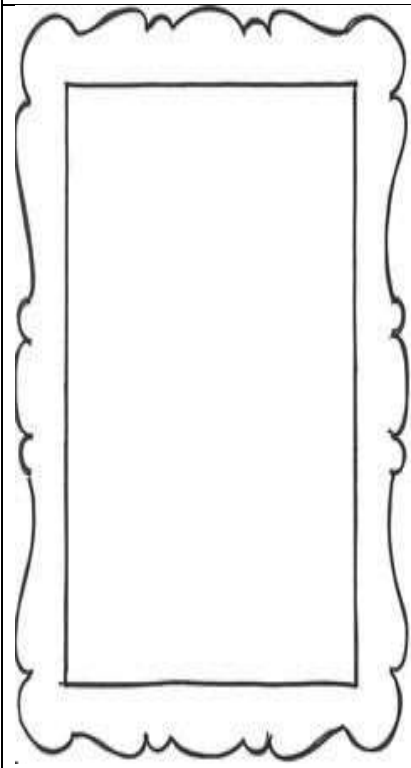
MEMORIES

ACHIEVEMENTS

**SAYING
FAREWELL**

**INDIVIDUAL
QUALITIES**

GOAL SETTING



My Achievements

- Choosing healthier lunch options
- Learning my 7 times table
- Swimming 50 metres
- Asking more questions in class
- Helping more at home
- Reading more before bedtime

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