

EXECUTIVE HEADTEACHER:

Ms Helen Comfort

(B.A.Ed.Hons, NPQH)

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'For Learning That Lasts A Lifetime'

11th June 2021

Dear Parent/Carers of Class 6,

Relationships, Health and Sex Education

This term we will be beginning our PSHE unit 'Changing Me' which is a unit provided by Jigsaw PSHE. This will form part of our Relationships, Sex and Health Education. The lessons will cover:

Year 6	
Self Image	Lesson 1
Puberty	Lesson 2
Babies: Conception to Birth	Lesson 3
Boyfriends and Girlfriends	Lesson 4
Ideal Self vs Real Self	Lesson 5
The Year Ahead	Lesson 6

At St Margaret's at Cliffe Primary School, we feel it is important that our children have a strong knowledge and are prepared for the changes they will experience. We also believe that the children should understand the facts of human reproduction, in line with the national curriculum for science.

We will be studying these lessons throughout term 6. There are presentation slides and animations provided through Jigsaw that we will be using in class. I will provide children with slips of paper and a post-box throughout the sessions so that, if they have any questions, they can be asked without the other class members knowing who asked them. While I will do my very best to answer the questions, I will of course use discretion on what I deem to be information that they ought to know, from perhaps what they do not yet need to know.

It is now statutory for all children to receive relationships and health education however, you do have the right to withdraw your child from the sex education session below:

- Year 6: Babies: Conception to birth (lesson 3)

If you wish to withdraw your child from the sex education session would you please telephone the school office on 01304 852639 by **Wednesday, 16th June 2021**. If you have any questions regarding these lessons, please do not hesitate to make contact via the school office.

Yours sincerely

Miss Brett

Class Teacher

