

EXECUTIVE HEADTEACHER:

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*'For Learning That Lasts A Lifetime'*

9<sup>th</sup> July 2021

### Puberty Education

Dear Parent/Carers of Class 5,

Each year as part of our Personal, Social and Health education we teach a unit on Puberty and change. At St Margaret's we are using the Jigsaw scheme for our PSHE work and this term we are using the topic entitled 'Changing Me'.

At St Margaret's at Cliffe Primary School, we feel it is important that the children are prepared for, and are confident in, their knowledge about the changes that puberty brings, in line with the national curriculum.

On Tuesday 13<sup>th</sup> July we will be completing the puberty session. The jigsaw presentation slides and age appropriate animations will secure the children's understanding of the changes their bodies will make during puberty. As a class the children will also have the opportunity to ask anonymously (using post-it notes) any information they feel unsure of and also to ask further questions about changes and puberty. These questions will be answered sensitively and with discretion.

If you wish to withdraw your child from the puberty lesson would you please telephone the school office on 01304 852639 by 9am on Tuesday 13<sup>th</sup> July 2021.

Should you have any questions regarding this lesson, please do not hesitate to contact me via Mrs Eales at [secretary@st-margarets-dover.kent.sch.uk](mailto:secretary@st-margarets-dover.kent.sch.uk).

Yours sincerely

**Mr Oliver**

**Class 5 Teacher**

