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*'For Learning That Lasts A Lifetime'*

18<sup>th</sup> May 2022

**PSHE: grief and loss**

Dear Parent/Carers of Class 6,

I wanted to make you aware of an upcoming PSHE lesson around grief and loss that I will be teaching next week. We will be discussing loss and change – the lesson cards include things such as moving house, losing a favourite toy, parents separating, a pet dying, a grandparent dying, amongst other things.

The lesson also includes learning about the cycle of grief over loss and the different ways in which people process their grief.

As always, this lesson will be taught incredibly sensitively and I am aware that the children may have a range of different experiences that they may or may not wish to share during this lesson. If you think that this may be particularly pertinent or difficult for your child in any way due to a personal loss or change, please do let me know. I can then be aware while teaching and follow up with your child afterwards if necessary.

If you have any questions, please do not hesitate to contact me. This can be for a quick chat at the door or for a more in depth discussion; I can arrange a telephone call with you.

Yours sincerely

*L. Brett*

**Miss L Brett**

**Class 6 Teacher**

