



*For Learning That Lasts A Lifetime*

20<sup>th</sup> May 2026

Dear Parent/Carers of Year 2

### **PSHE in Year 2, Term 6**

This school year we have continued implementing the PSHE (Personal, Social and Health Education) programme across our school called Jigsaw: the mindful approach to PSHE.

The lessons have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way.

The term 6 puzzle is 'Changing Me' and it is all about coping positively with change. In order to support your child and have a good understanding of what they will be learning, I am including the plan for lesson 4 where some new key vocabulary will be used. The children will begin to use the correct terminology for the parts of the body. This will be done sensitively and appropriately for their age but we want you to be clear about exactly what the children are learning so you can support your child if they come home with questions.

### **Boys' and Girls' Bodies – Lesson 4**

During this lesson, children will recognise the physical differences between boys and girls, they will use the correct names for the parts of the body (penis, testicles, vagina, vulva, anus) and appreciate that some parts of their body are private. Children will discuss what they like/don't like about being a boy/girl. In small mixed gender groups the children will talk about the differences between the things that girls do and the things boys do. They will discuss whether girls and boys are always different in what they like to do.

Using a life sized outline of 2 child-sized people, the children will be asked if they can tell whether they are boys or girls? They will then use body part cards and be invited to place them as appropriate on the outlines. Taking a basket with a full set of girls' and boys' clothes, including underwear, one item at a time will be placed by the children where it belongs on one of the two figures. They will discuss how clothes can sometimes help us to see from the outside the difference between boys and girls (though they can often be quite similar). They will be gently questioned and challenged, to establish that none of these differences in clothing applies to all boys and all girls.

The children will be asked to draw a picture of themselves and write some sentences about what they enjoy about being who they are. This will include what they are enjoying about being a boy or a girl.

### **Key Vocabulary for Year 2**

male, female, vagina, penis, testicles, vulva, anus, public, private

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw programme gives us a secure framework in which to do this.

Please contact your class teacher, in the first instance, if you have any questions about this lesson or would like any further information.

Yours sincerely,

*L. Brett*

**Lucy Brett**

**Healthy Living & Relationships Subjects Leader**